

ADHD Assessment

Anchored Unbound · Katie Greenleaf, MA, LPCC, ADHD-CCSP

For children and teens (ages 5–17) and adults (18+) · In person or virtual

A comprehensive look, not a checklist. Many ADHD diagnoses are made from a single rating scale, like the Vanderbilt. That can miss the bigger picture. Trouble with focus, follow-through, and emotions can come from ADHD, but also from anxiety, depression, stress, or several things at once. My assessment looks at the whole person, so you get an answer you can trust and a clear next step.

How It Works

1. **Background interview.** An in-depth psychosocial and background history interview. For children and teens, this is done with a parent or guardian.
2. **Rating forms.** The CADDRA ADHD Assessment battery, a standardized set of questionnaires completed by the person being assessed (as age-appropriate), parents, teachers, and others who know them well.
3. **Clinical review.** I score and integrate everything I've gathered to make a diagnostic determination from a comprehensive view.
4. **Feedback session.** We meet to walk through the results, what they mean, and next steps.

Timeline: Most assessments involve 1–2 appointments over 2–4 weeks, then 2–4 weeks for scoring and your letter once all forms are returned. **Need it sooner?** Talk with me about an expedited timeline. An additional fee may apply.

What You Receive

- A letter documenting an ADHD diagnosis or a rule-out
- Insight into whether other conditions, such as anxiety or depression, may be playing a role
- Helpful supporting documentation
- Referrals, such as for a medication evaluation or other providers
- A feedback session

You keep the letter and share it with doctors, schools, or others at your discretion.

Good to Know

- This is a clinical diagnostic assessment, not a psychoeducational or neuropsychological evaluation. It does not measure IQ, learning disabilities, or academic achievement.
- Schools may or may not accept it for IEP eligibility. It can support a 504 plan request.
- I do not prescribe medication.
- The result may be a rule-out of ADHD, or a different or additional diagnosis. The fee is the same regardless of outcome.

Before you schedule: check with your prescriber.

Some pediatricians, psychiatrists, and other prescribers will only prescribe ADHD medication based on their own in-house assessment. If medication is a goal, ask the provider you plan to see whether they accept an outside diagnosis from a licensed professional clinical counselor before you consent to this assessment.

Fees

Returning clients: \$750 (*anyone I have seen before*)

New clients: \$1,050

The fee is paid in full at the start of the assessment and is non-refundable once the interview begins.

You are entitled to a Good Faith Estimate of expected charges. Just ask.

FAQ

Do I need to be a current client? No. Anyone I have seen in the past pays the returning-client rate.

What if it isn't ADHD? You still leave with clarity about what may be going on and referrals for next steps.

How long do we have to finish? All forms and components are due within 45 days of the interview.

How do I get started? Contact me. Current clients sign the consent form in the client portal. For new clients, I'll set up a portal account and send the consent form.